

**Course Code & No. - Section:** PSYC 380 – Section 1  
**Course Title (Credits):** ST: Psychopathology & Psychotherapy  
**Term & Year:** Spring / 2020  
**Course Ref. No. (CRN):** 10582

**Professor:** Brandon Cassinelli, MA

**Phone(s):** (916) 668-9509  
**Email:** [bcassinelli@sierranevada.edu](mailto:bcassinelli@sierranevada.edu)  
**Office:** By Appointment

**Class Meeting Time:** Monday: 6:00 – 8:50pm  
**Location:** TMCC Main Campus – RDMT 244

**Prerequisites (from Catalog):** PSYC 101  
**Corequisites (from Catalog):** None

### **COURSE DESCRIPTION**

This is a 3-credit course in which the student scrutinizes currently accepted points of view concerning psychopathology and psychotherapy. The student develops informed opinions concerning the history, definitions, causes, and treatment of psychological behavior; both from the point of view of the individual whose behavior is being considered, as well as from the point of view of the culture in which the individual is living.

### **STUDENT OUTCOMES**

1. The student will acquire knowledge of the basic concepts, diagnoses, and theories of Psychopathology and Psychotherapy.
2. The student will achieve the ability to intelligently observe and categorize behavior.
3. The student will learn to critically evaluate assessment evidence.
4. The student will learn to appreciate the range of individual differences.
5. The student will become familiar with treatment alternatives and their value and their drawbacks.

### **METHODS OF ASSESSING STUDENT OUTCOMES**

Student outcomes will be assessed using the following:

1. Research papers
2. Assignments
3. Activities
4. Participation

### **INSTRUCTIONAL STRATEGIES**

This class will utilize lectures, inquiry learning, in-class discussions and activities, and homework. Bring your laptop computer regularly for aid in acquiring resources and creating documents.

### **REQUIRED TEXTS AND MATERIALS**

1. Gladding, S.T. (2013). *Counseling: A Comprehensive Profession* (7<sup>th</sup> ed.). London, England: Pearson Intl. (ISBN: 978-0-13-265797-6)
2. Comer, R.J. (2013). *Abnormal Psychology* (8<sup>th</sup> ed.). New York, NY: Worth Publishers. (ISBN: 978-14292-8254-3)
3. *Publication Manual of the American Psychological Association*. (2010). Washington, DC: American Psychological Association. (ISBN: 1-4338-0561-8)

### **RECOMMENDED TEXTS AND MATERIALS**

1. Other supplemental readings will be provided in class.

### **ATTENDANCE**

Attendance and participation are essential to the learning process. Students are expected to attend all scheduled meetings ON TIME and provide NO interruptions (e.g., cell phones, facebook, etc.). Attendance will be recorded at the *beginning* of each class. You are expected to be on time as well as stay for the entire period. Roll will be taken every day. If you choose not to attend class, arrive tardy, or depart early, you will be at an academic disadvantage.

Points are available based on your attendance and participation. You will lose points for any missed classes (or portion thereof). Excused and unexcused absences are BOTH considered an absence from class and are counted toward the total number of absences in the course. Excessive tardiness and/or repeated disrespect of classroom rules (e.g., use of cell phones) will be penalized by a reduction of your final attendance/participation score.

Being late may cause you to miss important announcements, context, and content. If you arrive late, *it is your responsibility* to be sure you have been counted present for the day before leaving. Additionally, *you must see me before leaving class to be counted present for the day*. If/when you miss class, you remain responsible for notes and handouts (see a classmate for notes; see me for handouts). I urge you to attend office hours in the event of a missed class. Missing even one class session could significantly impact your grade.

I adhere strictly to Sierra Nevada College policy regarding excessive missed classes.

## CLASS REQUIREMENTS

1. **Attendance:** See Attendance section (*above*) and specific reference to attendance in the grading policy (*below*).
2. **Reading:** Students are expected to do the assigned reading *before* class meets to ensure preparation for discussions and learning activities.
3. **Participation:** Thought questions, discussions, and in-class activities may provide opportunities for students to earn participation points throughout the semester.
4. Timely assignment submission.
5. Computer use restricted to that pertinent to class *only* (i.e., no facebook, no twitter, YouTube, etc.).

## INFORMATION LITERACY STATEMENT

Using the library's resources effectively (not just the Internet) contributes to developing each of SNC's core themes by exposing students to high quality academic resources, diverse opinions, new ideas, and a future that includes building on a liberal arts education. In this course, you will be expected to utilize the library's resources (either on-site or remotely) as you complete your assignments.

## SANCTIONS FOR CHEATING AND/OR PLAGIARISM

Plagiarism is defined as, "passing off a source's information, ideas, or words as one's own by omitting to acknowledge the sources" (Teuber & Andreas, 1999). This refers to all sources of information; including the Internet.

To avoid plagiarizing, a good rule is to use quotation marks whenever a string of three or more words is copied from another source (e.g., when taking notes from a journal article). Simply paraphrasing and citing a source may not be enough to avoid plagiarizing, however. For example, one of the paragraphs in a paper might be a close paraphrase of a paragraph from another source. Even if the source is cited, the structure of the original source has been plagiarized! Starting with an outline of arguments to be included in a paper and then using information from other sources to back up these arguments should help one avoid plagiarizing in this manner. Any form of cheating, plagiarism and/or unauthorized use of anything other than the student's own resources will not be tolerated. To be clear, unless explicit written or verbal instructions indicate otherwise, exams and assignments are to be completed individually (i.e., without any collaboration). The instructor will pursue the maximum disciplinary action against the student violating this protocol. I have a strict no tolerance policy. Additionally, if you are caught cheating, you will earn an automatic 0 on that exam/assignment/etc. Some examples of cheating include, but are not limited to, copying from a classmate's work during an exam, turning in work that is not your own, and using any unapproved aid during an exam.

Both intentional and unintentional plagiarism, as well as any suspicion of cheating, will be reported to the Vice President of Academic Affairs/Provost. I strongly encourage all students to meet with me to discuss this issue before turning in written work.

*No ball caps, cellular telephones, pagers, earbuds, headphones, extraneous paper, notes, etc. are permitted during any and all periods of assessment (e.g., exams, quizzes, in class assignments, etc.). If I spot one of these present (even if you are not using it) during an unapproved period, you will take an automatic 10% reduction on the assessment in question. In the case I witness the use of such unapproved apparatus, you will receive a 0. Yes, this means you will need to use a watch rather than your cell phone for the time.*

## THE HONOR CODE

Our faculty believes students must be held to high standards of integrity in all aspects of college life to promote the educational mission of the College and to encourage respect for the rights of others. Each student brings to the SNC community unique skills, talents, values and experiences which, when expressed within the community, contribute to the quality of the educational environment and the growth and development of the individual. Students share with members of the faculty, administration and staff the responsibility for creating and maintaining an environment conducive to learning and personal development, where actions are guided by mutual respect, integrity, responsibility and trust. The faculty and students alike must make diligent efforts to ensure high standards are upheld by their colleagues and peers as well as themselves. Therefore, faculty and students accept responsibility for maintaining these standards at Sierra Nevada College and are obligated to comply with its regulations and procedures, which they are expected to read and understand.

## CONSEQUENCES OF VIOLATING THE STUDENT HONOR CODE

SNC students and faculty share the responsibility for maintaining an environment of academic honesty. Thus, all are responsible for knowing and abiding by the SNC Faculty/Student Honor Code published in the current SNC Catalog. Faculty are responsible for presenting the Honor Code and the consequences of violating it to students at the start of their classes AND for reporting all incidences of academic dishonesty to the Provost. Students are responsible for knowing what constitutes CHEATING, PLAGIARISM and FABRICATION and for refraining from these and other forms of academic dishonesty. Violations of the Honor Code become part of a student's academic record.

1<sup>st</sup> Offense: Student receives a zero for assignment/exam and counseling with faculty on the honor code, consequences for violating the honor code, and the value of academic honesty in learning.

2<sup>nd</sup> Offense: Student fails course and receives counseling with faculty on the honor code, consequences for violating the honor code, and the value of academic honesty in learning.

3<sup>rd</sup> Offense: Student is expelled.

## GRADING POLICY

### 1. Attendance & Participation:

Points are available based on your attendance and participation. Refer to the Attendance section above for details regarding my expectations. You will lose points for any missed classes (or portion thereof) and any days for which you are viewed to not be participating in group or class discussions (e.g., on your cell phone).

*These are the easy points, get them all. =)*

### 2. Assignments and Quizzes:

This class incorporates assignments and quizzes. Several are briefly covered on the course calendar provided (end of this document) and will be detailed in class. *No make-ups or late assignments will be accepted without prior instructor approval.* Budget your time to complete written assignments by their due date and attend class at all times, particularly on activity days. *Do not submit assignments via email unless you have received prior approval, or the request has been made of you to do so.* In the case you will be absent when an assignment is due, have a classmate turn in for you (you can return the favor for them) or email it to me on time (time stamp) AND bring the printed copy (for grading) when you return.

### 3. Research Papers:

Students will be required to write research papers related to psychopathology and psychotherapy. Students must incorporate a source from a combination of empirical research and popular resources all from a psychological perspective. Strict APA guidelines must be adhered to. Paper will be assessed using Sierra Nevada Colleges Common Writing Rubric.

### 4. Examinations:

Examinations will be given to test knowledge of course content.

### 5. Final Grades: Based on the number of points earned from quizzes, assignments, exams, class participation, and attendance. There are no makeups for the final exam—you *must* adjust your schedule accordingly.

### 6. Grading scale: Grades will be assigned on a strict percentage scale and are *non-negotiable*.

A+: ≥ 99%	B : 82.1 - 87.9%	C-: 70.0 - 72.0%
A : 92.1 - 98.9%	B-: 80.0 - 82.0%	D+: 68.0 - 69.9%
A-: 90.0 - 92.0%	C+: 78.0 - 79.9%	D : 62.1 - 67.9%
B+: 88.0 - 89.9%	C : 72.1 - 77.9%	D-: 60.0 - 62.0%
F : < 60.0%		

## ADA ACCOMMODATIONS

In accordance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973, students with a documented disability are eligible for support services and accommodations. If a student wishes to request an accommodation, please contact the Director of Academic Support Services, Henry Conover, at (775) 831-1314 (x7534), [hconover@sierranevada.edu](mailto:hconover@sierranevada.edu), or go to the OASIS offices on the third floor of Prim Library during the first week of the semester.

Please inform me as soon as possible if you have a professionally diagnosed and certified disability. Be sure to obtain the proper paperwork and inform me of any required accommodations at least 72 hours *before* scheduled exams, quizzes, papers, assignments, etc. Depending on the type of accommodation, time may be required for me to meet your needs (e.g., private room for exams).

## **THE SNC EMAIL SYSTEM**

The SNC email system is the official communication vehicle among students, faculty members and administrative staff. It is designed to protect the confidentiality of student information as required by the Family Educational Rights and Privacy Act of 1974 Act (FERPA). Students should check their college email accounts daily during the school year.

Students have a right to forward their SNC e-mail to another e-mail account (for example, @hotmail or @gmail). However, confidentiality of student information protected by FERPA cannot be guaranteed for SNC e-mail forwarded to an outside vendor. Having email redirected does not absolve a student from the responsibilities associated with official communication sent to his or her SNC email account.

## **THE MISSION STATEMENT**

Sierra Nevada College graduates will be educated to be scholars of and contributors to a sustainable world. Sierra Nevada College combines the liberal arts and professional preparedness through an interdisciplinary curriculum that emphasizes entrepreneurial thinking and environmental, social, economic and educational sustainability.

## **THE CORE THEMES**

Liberal Arts

Professional Preparedness

Entrepreneurial Thinking

Sustainability

<b>DATES</b>	<b>TOPIC</b>	<b>READING DUE</b>	<b>HOMEWORK DUE</b>
WEEK 1: <i>LTCC</i>	<b>Comer Text:</b> Science & Clinical Practice  <b>Gladding Text:</b> History and Trends in Counseling, Personal and Professional Aspects of Counseling, & Ethical & Legal Aspects of Counseling	<b>Comer Text:</b> Chapters 1 - 4  <b>Gladding Text:</b> Chapters 1 - 3	
WEEK 2: <i>Independent</i>	<b>Gladding Text:</b> Counseling in a Multicultural Society & Counseling with Diverse Populations	<b>Gladding Text:</b> Chapters 4 & 5	
WEEK 3: <i>LTCC</i>	<b>Comer Text:</b> Problems of Stress and Anxiety & Problems of Mood  <b>Gladding Text:</b> Counseling Processes and Theories	<b>Comer Text:</b> Chapters 5 - 10  <b>Gladding Text:</b> Chapters 6 - 10	
WEEK 4: <i>Independent</i>	<b>Gladding Text:</b> Core Counseling Activities in Various Settings	<b>Gladding Text:</b> Chapters 11 - 14	
WEEK 5: <i>LTCC</i>	<b>Comer Text:</b> Problems of Mind and Body	<b>Comer Text:</b> Chapters 11-13	
WEEK 6: <i>Independent</i>	<b>Gladding Text:</b> Counseling Specialties	<b>Gladding Text:</b> Chapters 15-19	
WEEK 7: <i>LTCC</i>			<b>EXAM</b>
WEEK 8: <i>Independent</i>	<b>Comer Text:</b> Problems of Psychosis	<b>Comer Text:</b> Chapters 14 & 15	
WEEK 9: <i>LTCC</i>	<b>Comer Text:</b> Life-Span Problems	<b>Comer Text:</b> Chapters 16 - 18	
WEEK 10: <i>Independent</i>	<b>Comer Text:</b> Society and the Mental Health Profession  <b>Gladding Text:</b> Clinical Mental Health and Private Practice	<b>Comer Text:</b> Chapter 19  <b>Gladding Text:</b> Chapter 20	