

Course Code & No. - Section: ODAL 255 - Section 1
Course Title (Credits): Wilderness First Responder Recertification(1)
Term & Year: Spring 2014
Course Ref. No. (CRN): 10285

Instructor: Rosie Hackett and WMI staff
Phone(s): 775-831-1314 ext. 7499 (weekdays, 9 a.m.- 5 p.m.) or **530-307-9103** cell
Email: rhackett@sierranevada.edu
Office: TCES 2nd floor
Office Hours: NA

Class Meeting Time: January 6th-January 15th 8am-5pm
Location: TCES 106 & TCES 139

Prerequisites (from Catalog): Must show WFR certificate of 70 hours or more
Corequisites (from Catalog): NONE

Course Description

This 3-day scenario-based course is designed as review and practice of evacuation and decision making guidelines. It also provides current updates in the wilderness medicine field. Learning takes place both in the classroom and in outdoor settings. Successful course completion earns you a WMI Adult & Child CPR certification and a WMI Wilderness First Responder certification.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course, within 30 days of the course start date and once the course has begun, tuition is non-refundable and non-transferable!

Student Outcomes

Upon successful completion of this course, a student will be able to:

1. Demonstrate both preventative medicine techniques and first aid techniques to prevent Review and practice WFR evacuation and decision-making guidelines.
2. Review current updates in the wilderness medicine field.

Methods of Assessing Student Outcomes

Student outcomes will be assessed using the following:

1. Class Participation
2. Written Exam
3. Skills demonstration
4. SOAP notes

Required Texts and Materials

Materials:

- Instructor handouts/ WFR textbooks
 - Independent research
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Class Format/Equipment

Check in is at 7:45 AM on the first day of the course. WFR Recertification course days run from 8:00am to 5:00pm. The format for this 24-hour WFR recertification is one of scenario-based learning. Scenarios and practice sessions will take place both inside and outside. Please bring clothing appropriate for lying on the potentially wet, snowy, and/or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a camp-type chair. Please come equipped with a light daypack, waterproof top and bottom, light hiking boots and layers well suited for spending time outside playing the roles of patient and rescuer.

NOTE: All students are required to submit a photocopy of their WFR certification card on the first day of the course.

There is a one-year grace period for recertification of WMI cards. (Keep in mind that your certification is not current during this grace period and therefore you cannot work as a Wilderness First Responder.)

You will be required to complete a WRITTEN EXAM at the BEGINNING of the course. Check the following web page for information and resources on how to best prepare for your course. <https://rendezvous.nols.edu/content/section/48/964/>.

Grading Policy: Participation is everything!

Students grades will be determined as follows:

- Class Participation: 240 (10 pts/class hour)
- Skills Demonstration: 80
- Final Exam (taken at beginning of class): 100
- Final SOAP Report: 80

Total Points Possible: 500

NOTE: All students will receive a letter grade unless otherwise specified.

NOTE: Students must receive a B or better to receive the official WFR certification from WMI.

Assignment:

FINAL SOAP NOTE: You will be given the opportunity to do a final edited SOAP note of a scenario/case study that occurred during your WFR class. Please turn both versions of the SOAP note into your WFR instructors at the end of the course. This will account for 80 points of your final grade for the course.