

Course Code & No. - Section: ODAL 380
Course Title (Credits): Special Topics: Expedition Whitewater Rafting (3)
Term & Year: Spring 2014
Course Ref. No. (CRN): 10276

Instructor: Daryl Teittinen, and staff
Phone(s): 714-273-4055
Email: dteittinen@sierranevada.edu
Office: TCES 2nd Floor
Office Hours: By appointment

Class Meeting Time: May 17 to May 26, 2014. Pre course meeting and planning sessions to be determined.

Location: **Rogue River OR**

Prerequisites (from Catalog): ODAL 101
Corequisites (from Catalog): NONE

Course Description

Wilderness river expeditions require planning, specialized gear, trained boat handlers, and good judgment. The reward for those who can accomplish these trips are exhilarating rapids, amazing camp locations, and memories to last a lifetime. Students in this class will learn all of the skills required to be a river expedition member, creating a foundation to becoming a wilderness river guide. Students will be challenged every day to learn and use new skills, from rowing heavy gear boats to cooking dinner for the whole group. Everyone will participate in all aspects of the expedition, as a cohesive team.

FEE: \$700

Student Outcomes

Upon successful completion of this course, a student will:

1. Be a competent supporting crew member on a multi day whitewater river trip
2. Have a solid foundation in raft handling using both oars and paddle techniques.
3. Know how to set up and operate a river camp using LNT principles
4. Have knowledge and experience in swiftwater rescue techniques.
5. Have leadership experience in an expedition setting.
6. Learn information about, and an appreciation of the unique natural history and ecology of the coastal rainforest riparian ecosystem.

Methods of Assessing Student Outcomes

Student outcomes will be assessed using the following:

1. Class Participation
2. Field Journal
3. Skills demonstrations
4. Peer feedback

Required Texts and Materials

Required Texts:

— The Complete Whitewater Rafter, by Jeff Bennett. ISBN#: 978-0070055056
International Marine/Ragged Mountain Press

Resources:

Dreamflows www.dreamflows.com

Class Requirements

Due to the experiential nature of this class, students are asked to **experience** all course material including discussions, problem solving, physical activities and the exchange of feedback. Sensitivity and attentiveness toward each group member's experience and the group's progress as a whole will be the responsibility of each group member.

Grading Policy:

Participation is everything! Students will be involved in every aspect of the expedition. Planning, prep, packing, driving, loading gear, and every phase of the river trip is all part of the class. Expect to be completely engaged in every moment of the expedition.

Field Journal: Students will keep a journal documenting every aspect of their learning while on the expedition. This journal will be a place to take lecture notes, write reflections, participate in quizzes, draw diagrams, and really process the experience. Journals will be graded on thoroughness and clarity.

Academic Accommodations: In accordance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973, students with a documented disability are eligible for support services and accommodations. If a student wishes to request an accommodation, please contact the Director of Academic Support Services, Henry Conover, at (775) 831-1314 x7534, hconover@sierranevada.edu or go to the OASIS offices on the third floor of Prim Library within the first week of the semester.

Class Schedule

<i>Class Plan</i>	<i>Assignments</i>
1. Pre-class meeting. <ol style="list-style-type: none"> Course overview Food planning Gear checks Logistics for course 	<ul style="list-style-type: none"> Participation in every task and activity on expedition
2. Day 1 <ol style="list-style-type: none"> Drive from SNC Finish food buy Arrive at put-in Begin gear pack 	<ul style="list-style-type: none"> Daily Written Exercises in Field Journal
3. Day 2-Day 7 <ol style="list-style-type: none"> River travel, boat handling Navigation and rapid scouting Camp selection and setup Cooking skills LNT Natural/cultural history history Swiftwater rescue tactics Gear/boat repair Risk management 	<ul style="list-style-type: none"> Swiftwater Rescue Practice Daily leadership roles
4. Day 8 <ol style="list-style-type: none"> Arrive at takeout, gear unpack Travel to SNC 	<ul style="list-style-type: none"> Student led rapids and camp duties
5. Day 9 <ol style="list-style-type: none"> Clean gear Debrief trip 	

Please note that the schedule of class topics and assignments are subject to change. As outdoor enthusiasts, we are always **POISED FOR CHANGE!**

Equipment List

1. Personal Equipment

- a. Clothing for whitewater rafting
 - i. long underwear
 - ii. insulating layers
 - iii. outer layer; splash/waterproof (raincoat acceptable)
 - iv. bathing suit/board shorts
 - v. Sun protection; sunglasses, hat, sunblock
 - vi. River shoes; protect feet in river, will not fall off when you swim
 - vii. Wetsuits provided by SNC
- b. Camp clothing
 - i. Pants, and shorts for hiking
 - ii. Warm layers for cool evening
 - iii. Rain Jacket
 - iv. Headlamp
 - v. Camp shoes (lightweight, but supportive enough for dayhikes)
- c. 2 water bottles
- d. Personal mess kit (mug, bowl, spoon)
- e. Sleeping bag, pad, ground tarp
- f. FIELD JOURNAL, Mechanical pencil and spare
- g. Camp Chair (optional)
- h. Camera, Binoculars, Art Supplies, Fishing gear, Musical instrument, etc

2. Rafting Equipment

- a. All specialized rafting gear will be provided by SNC
 - b. Students will be issued PFDs, Helmets, Dry Bags, etc. You will be required to maintain all equipment better than your own!
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