

ADOLESCENT DEVELOPMENT
Fall 2014 – Sierra Nevada College
Donna Axton

Course Code & No. - Section: PSYC 304, Section 1
Course Title (Credits): Adolescent Development
Term & Year: Fall / 2014
Course Ref. No. (CRN): 80030

Instructor: Donna Axton
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Office: David Hall, room ABC Hall, room 12
Office Hours: Mon, Wed, 11:30-1 and by appointment

Class Meeting Time: Tuesday & Thursday, 10:00-11:15
Location: Patterson 213

Prerequisites: PSYC 202 – Human Development

COURSE DESCRIPTION:

This is a 3 credit course. Examination of physical, behavioral, cognitive, social, and cultural factors in the growth the development of adolescents from puberty to early adulthood.

STUDENT OUTCOMES:

Upon completion of the course, students will:

1. Recognize the developmental stages of adolescence and be able to identify behaviors and attitudes that represent each stage
2. Demonstrate an understanding of the physiological, neurological, social and cognitive changes encountered through the whole span of adolescence.
3. Increase their understanding of their own developmental history and their place along the maturation continuum.
4. Identify and recognize healthy and unhealthy modes of development.

METHODS OF ASSESSING STUDENT OUTCOMES

1. Homework based on assigned readings
2. Tests and exams
3. In-class projects
4. Class discussion and participation
5. Presentations

INSTRUCTIONAL STRATEGIES

This class will utilize lectures, class discussions, small group work, assigned readings, written assignments and presentations,

TEXTBOOK: -

Adolescence, by Laurence Steinberg

Attendance: Attendance is a requirement if you expect a quality educational experience. Exams and written assignments will be based to a large degree on classroom discussions, so it is to your advantage to attend each class session.

Written assignments: You will be asked to answer questions about the assigned reading. All written assignments will be graded on content, organization, completeness and correct grammatical style. Late assignments will be given partial credit – you will lose 1 point out of 10 for each day you are late turning them in.

It is strongly advised that you keep all assignments in a notebook. Your homework papers will be very helpful in studying for your exams in this class.

Participation: A variety of activities is planned through the semester, including guest speakers, presentations, videos, and small group or dyad practice. Students are expected to participate and contribute to these in-class activities according to their own comfort level.

Be aware of your own needs in this regard. Speak to me directly if there is a concern.

Exams: Exams will be developed by the instructor, with input from the class, and both exams will have a "take home" component to allow students to demonstrate their acquisition of knowledge through thoughtful completion of exam questions. There will also be a closed-book component of the exam that will be given in class.

GRADING POLICY

Grading:

Class attendance and participation	300 points
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There are 30 classes in the semester

Each class is worth

5 points attendance

5 points prepared and intelligent participation

Written homework	400 points
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22 homework assignments @ 15 = 330 points

Movie/Book report 70 points

Exams	300 points
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Midterm 100 points

Midterm take-home essay 50 points

Take-home Final 50 points

In-class final 100 points

A	920 - 1000
A -	900 - 919
B +	880 - 899
B	820 - 879 %
B -	800 - 819
C +	780 - 799
C	720 - 779%
C -	700 - 719
D +	680 - 699
D	620 - 679
D -	600 - 619
F	Below 600

Prim Library Resources

Using the library's resources effectively (not just Internet resources) contributes to developing each of SNC's core themes by exposing students to high quality academic resources, diverse opinions, new ideas, and a future that includes building on a liberal arts education. In this course, you will be expected to utilize the library's resources (either on-site or remotely) as you complete your assignments.

Prim Library Resources for Adolescent Development include, but are not limited to:

1. Lib Guides: <http://libguides.sierranevada.edu/psychology>. These web pages have been compiled to highlight specific resources in psychology. Tabs indicate Prim library information regarding books, articles, websites, citations, and general interest psychology information.
2. Introduction to Prim Library website – <http://libguides.sierranevada.edu/library>
3. Books (to be checked out):
 - a. In general, books related to psychology have Library of Congress Classification numbers can be found in the BF and RC sections. Search the Prim Library Catalog using key words related to the topic that you are researching. There are several books about children scattered through out sections BG 698, BF 723, and BF 720.
 - b. Dunn, D. (2008) *A short guide to writing about psychology*. New York: Pearson/Longman. BF 76.8 .D86 2008.
4. Electronic databases (for peer-reviewed research articles, reviews, newspaper and magazine articles): Electronic databases most likely to include articles on psychology topics are EBSCO: Academic Search Premier, and PsycInfo. If you want to access electronic databases when you are off campus, use your first initial and your last name as the username and your 9 digit student ID number as the password.
5. Hardcopy periodicals: Prim Library has current subscriptions for a few academic psychology journals; however, many full-text articles are available through the electronic databases.

Sanctions for Cheating and/or Plagiarism**The Honor Code**

The faculty of SNC believes students must be held to high standards of integrity in all aspects of college life in order to promote the educational mission of the College and to encourage respect for the rights of others. Each student brings to the SNC community unique skills, talents, values and experiences which, when expressed within the community, contribute to the quality of the educational environment and the growth and development of the individual. Students share with members of the faculty, administration and staff the responsibility for creating and maintaining an environment conducive to learning and personal development, where actions are guided by mutual respect, integrity, responsibility and trust. The faculty and students alike must make diligent efforts to ensure high standards are upheld by their colleagues and peers as well as themselves. Therefore faculty and students accept responsibility for maintaining these standards at Sierra Nevada College and are obligated to comply with its regulations and procedures, which they are expected to read and understand.

Consequences of Violating the Student Honor Code

SNC students and faculty share the responsibility for maintaining an environment of academic honesty. Thus, all are responsible for knowing and abiding by the SNC Faculty/Student Honor

Code published in the current SNC Catalog. Faculty are responsible for presenting the Honor Code and the consequences of violating it to students at the start of their classes AND for reporting all incidences of academic dishonesty to the Provost. Students are responsible for knowing what constitutes CHEATING, PLAGIARISM and FABRICATION and for refraining from these and other forms of academic dishonesty. Violations of the Honor Code become part of a student's academic record.

- 1st Offense: Student receives a zero for assignment/exam and counseling with faculty on the honor code, consequences for violating the honor code, and the value of academic honesty in learning.
- 2nd Offense: Student fails course and receives counseling with faculty on the honor code, consequences for violating the honor code, and the value of academic honesty in learning.
- 3rd Offense: Student is expelled.

ADA Accommodations -In accordance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973, students with a documented disability are eligible for support services and accommodations. If a student wishes to request an accommodation, please contact the Director of Academic Support Services, Henry Conover, at (775) 831-1314 x7534, hconover@sierranevada.edu, office in Prim Library: PL-304.

The SNC Email System

The SNC email system is the official communication vehicle among students, faculty members and administrative staff and is designed to protect the confidentiality of student information as required by the Family Educational Rights and Privacy Act of 1974 Act (FERPA). Students should check their college email accounts daily during the school year.

Students have a right to forward their SNC e-mail to another e-mail account (for example, @hotmail or @gmail). However, confidentiality of student information protected by FERPA cannot be guaranteed for SNC e-mail forwarded to an outside vendor. Having email redirected does not absolve a student from the responsibilities associated with official communication sent to his or her SNC email account.

The Sierra Nevada College Mission Statement:

Sierra Nevada College graduates will be educated to be scholars of and contributors to a sustainable world. Sierra Nevada College combines the liberal arts and professional preparedness through an interdisciplinary curriculum that emphasizes entrepreneurial thinking and environmental, social, economic and educational sustainability.

The Core Themes:

Liberal Arts	Professional Preparedness
Entrepreneurial Thinking	Sustainability

Course Outline and Assignments

WEEK 1 - Introduction

Tuesday August 19 - Overview of course content, goals and learning objectives.

Thursday, August 21 – History of the study of Adolescent Development

Reading due: “The Study of Adolescent Development pps.1-20

WEEK 2 - What is going on physically during this time?

Tuesday, August 26

Reading due: “Biological Transitions” pps. 24-44

Thursday, August 28

Reading due: “Biological Transitions” pps. 44-56

WEEK 3 - What is going on mentally?

Tuesday, September 2

Reading due: Cognitive Transitions”- pps. 61-76

Thursday, Sept 4

Reading due: Cognitive Transitions”- pps. 77-91

WEEK 4 - How adolescents interact socially. How this is in flux.

Tuesday, September 9

Reading due “Social Transitions” pps. 94-109

Thursday, September 11

Reading due “Social Transitions” pps. 109-125

WEEK 5- The effect of family life on adolescents. Positive and negative effects.

Tuesday, September 16

Reading due: “Families” - pps. 130-143

Thursday, September 18

Reading due: “Families” - pps. 143-150

WEEK 6 – The influence and importance of peer groups

Tuesday, September 23

Reading due: “Peer groups” pps. 162-177

Thursday, September 25

Reading due: “Peer groups” pps. 177-194

WEEK 7- How the education system helps and hinders the developing adolescent.

Tuesday, September 30

Reading due: “Schools” pps. 198-216

Thursday, October 2

Reading due: “Schools” pps. 216-229

WEEK 8 – Mid-term week

Tuesday, October 7

MIDTERM

Thursday, October 9 – Mid-term essays due.

WEEK 9 – The effect of mass media on self-esteem, socialization.

Tuesday, October 14

Reading due, Mass Media pps. 232-247

Thursday, October 16

Reading due, Mass Media pps. 247-263

WEEK 10- The time of searching for identity. Who am I?

Tuesday, October 21

Reading due: “Identity” pps 268-287.

Thursday, October 23

Reading due: “Identity” pps 287-299.

WEEK 11 – How do I relate as an individual? What are my strengths and resources?

Tuesday, October 28

Reading due: “Autonomy” - pps. 302-319

Thursday, October 30

Reading due: “Autonomy” - pps. 319-330

WEEK 12 – The development of intimacy.

Tuesday, November 4

Reading due: “Intimacy” pps. 334-349

Thursday, November 6

Reading due: “Intimacy” pps. 349-365

WEEK 13 – Sexuality as a powerful focus for discovery.

Tuesday, November 11

No class – Veteran’s Day

Thursday, November 13

Reading due: “Sexuality” pps. 368-382

WEEK 14 – The importance of goals and moving towards them.

Tuesday, November 18

Reading due: “Sexuality” pps. 382-401

Thursday, November 20

Reading due: “Achievement” pps. 404-421

THANKSGIVING RECESS: November 24-28

WEEK 15 – Ways development can be blocked or skewed.

Tuesday, December 2

Reading due: “Achievement” pps. 421-431

Thursday, December 4

Reading due: “Psychosocial Problems” pps. 434-460

FINAL EXAM

Thursday, December 13th, 8am- 11 am