

Course Code & No. - Section: ODAL 380- Section 1
Course Title (Credits): Relational Leadership Practicum: Exploration into Leadership in a High Risk Environment
Term & Year: Fall / 2015
Course Ref. No. (CRN):

Instructor: Dr. Mike Selby
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Office: Off campus
Office Hours: By appointment only

Class Meeting Time: Wed. (9/2) 6-8pm TCES 115
Friday-Monday (9/4-9/7) 7am-8pm. Four-day intensive field course over Labor Day Holiday weekend, ending at 5pm on 9/7.

Meeting Location: TCES 115

Fees: \$150

Prerequisites (from Catalog): ODAL 101
Corequisites (from Catalog): NONE

Course Description

This course will cover the application of both soft and hard leadership skills in a vertical canyoneering environment focused through the lens of Relational Leadership. Relationship to self, others and our environment will be explored with a focus on the alchemy involved in developing, maintaining and celebrating safe, positive and productive relationships in a high adventure setting. The art and science of risk management, programming and dynamic debriefing will also be explored and practiced through the application of this leadership modality. Relational reflection will be explored in terms of its evolutionary characteristics in leadership development.

Student Outcomes

Upon successful completion of this course, a student will be able to:

1. Understand and apply both soft and hard canyoneering outdoor leadership skills
2. Understand and apply the Relational Leadership Model
3. Comprehend the singular importance of risk management in a vertical environment
4. Understand and apply specific risk management protocol, techniques and strategies
5. Improved understanding of the interpersonal dynamics in a high adventure setting
6. Appreciate the role that Relational Leadership plays in our own relations to our selves, our community and our planet

Methods of Assessing Student Outcomes

Student outcomes will be assessed using the following:

1. Class Participation
2. Oral presentations
3. Skills demonstrations
4. Paired/group activities
5. Peer feedback
6. Practice Leadership Opportunities

7. Instructor Feedback

Instructional Strategies

E.g.: This class will utilize the experiential teaching approach through inquiry learning, case studies, paired/group activities, peer feedback and independent research. The course text will provide a framework for the course. Flexibility and adaptability are central to success in an outdoor setting and in this class as well.

Required Texts and Materials

- Canyoneering Journal
- Independent research

Attendance

Since the course is conducted in only five days, students must attend all five days in order to receive credit for the course.

Class Requirements

Please turn off cell phones and laptops while in class session.

Due to the experiential nature of this class, students are asked to **experience** all course material including discussions, problem-solving, physical activities and the exchange of feedback. Sensitivity and attentiveness toward each group member's experience and the group's progress as a whole will be the responsibility of each group member.

Consequences for Violating the Faculty/Student Honor Code:

SNC students and faculty share the responsibility for maintaining an environment of academic honesty. Thus, all are responsible for knowing and abiding by the SNC Faculty/Student Honor Code published in the current SNC catalog. Faculty are responsible for presenting the Honor Code and consequences for violating it to students at the start of their classes and for reporting all incidences of academic dishonesty to the provost. Students are responsible for knowing what constitutes CHEATING, PLAGIARISM, and FABRICATION and refraining from these and other forms of academic dishonesty. Violations of the honor code become part of a student academic record.

SNC'S DISCIPLINARY SANCTIONS FOR HONOR CODE VIOLATIONS:

- 1st Offense: Student receives a zero for assignment/exam and counseling with faculty on the honor code, consequences for violating the honor code, and the value of academic honesty in learning.
- 2nd Offense: Student fails course and receives counseling with faculty on the honor code, consequences for violating the honor code, and the value of academic honesty in learning.
- 3rd Offense: Student is expelled.

Grading Policy

Students' grades will be determined as follows:

- Class/Field Participation: 100
- On-site experiential examination: 100 points
- Learning Journal Review: 100 points

Total points: 300 pts

Academic Accommodations: In accordance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973, students with a documented disability are eligible for support services

and accommodations. If a student wishes to request an accommodation, please contact the Director of Academic Support Services, Henry Conover, at (775) 831-1314 x7534, hconover@sierranevada.edu or go to the OASIS offices on the third floor of Prim Library within the first week of the semester.

Class Schedule

<i>Date</i>	<i>Class Plan</i>	<i>Assignments</i>
9/4-9/7	<ul style="list-style-type: none"> • Welcome/Introductions/Transportation • Relational Leadership Paradigm • Canyoneering Risk Management • Technical skills • Rescue Training • Final Exam, Oral Presentations 	<ul style="list-style-type: none"> • Reflective Writing • Skill Practice • Leadership Trials • Experiential Exams

*Please note that the schedule of class topics and assignments are subject to change. As outdoor enthusiasts, we are always **POISED FOR CHANGE!***

Directions to Rock Creek Canyoneering Site:

From SNC take SR 267 up and over toward Truckee. At I-80 Interchange take 89 North. At Graeagle turn left and head West on Hwy 70. Meet with entire class at the Quincy Safeway at the only stoplight in town for last chance supplies, bathroom use, gas etc. As a group, drive 40 miles West of Quincy to Rock Creek where we will meet at the confluence of the Feather River and Rock Creek.

Equipment needed:

Your footwear is your most important item on this equipment list. Make sure your shoes can stick to rock when either dry or wet and can dry out quickly. The canyon is typically hot with cold water and shady areas that can be cool toward the end of the day. A couple bathing suits and shorts and a quick dry top or rash guard are good bets. A light pile jacket, camp shoes/socks and sweats are nice to have in camp. A windbreaker is also helpful for windy days. Students who get cold easily may want to bring a light wetsuit or top. Sun glasses and sunscreen are also required. As with all wilderness excursions, remember to check the NOAA forecast before embarking and **BRING LAYERS**. You should also bring something to write with and a **notebook**. This is a college class. AND...**Bring snacks/lunch/water!** A waterproof camera is highly recommended as you will be graced with places you will want some pics of in this time of FB and Instagram.

In terms of backpacking gear, typical gear recommended in ODAL 101 is also recommended here with the addition warning that we will be hiking into basecamp over very rough terrain so a heavy pack is not recommended. External frame packs are also highly discouraged. Please remember to bring a daypack, water bottle and purification means for our day trips!

NOTE: A Liability Release form is required from all participants for all Project Discovery programs!